

**Camp Name: Boys Cross Country Camp** 

## **Description:**

The Batavia High School boy's summer running program is for any boy looking to get in top notch shape for the upcoming season. One of the key features of our program is the synergy that is created by the pooling of determined runners of different abilities. We have training groups that range from newcomers to the sport to some of the top local runners and state competitors. Our goal is to help you improve individually as a runner to prepare you for the fall season. The basis of our training is consistency through a TEAM concept. First session will meet on Monday, June 8.

## Location:

Batavia High School (field house) on Wednesday, Friday

**RMS Track on Monday, Thursday** 

Type: Athletic

Gender: Male

**Grade Entering: Grades 9-12** 

## Camp Schedule:

June 8, 10, 11, 15, 17, 18, 22, 24, 25, 29 July 1, 2, 6, 8, 9, 13, 15, 16, 20, 22, 23, 27, 29, 30

Cost/Fee: \$110

**Registration Start Date**: 3/1/20 **Registration End Date**: 6/18/20

**Maximum Number of Participants: 100** 

**Camp Director: Bronco Meeks** 

**Director Bio:** 

**Special Instructions:** (Bring extra shoes, equipment, etc. if needed)

Running shoes, shorts, t-shirt/running top water bottle



**Logo/Artwork:** (Link/Optional)

https://drive.google.com/file/d/1zY5jMtP2BHHrEhb7RIP5FaFV8HQEV8OE/view?usp=sharing

Camp Flyer/Brochure: (Link/Optional)

Calendar: (Link/Optional)